

I am happy to announce a rare opportunity to learn from one of the best: In March 2024 Tom Myers offers a 3-day workshop for certified Structural Integration practitioners. Never mind whether you're a Rolfer, belong to the Guild or work along the Anatomy Trains – this workshop will enhance your work and provide new ideas for your daily practice.

Dates	19 <sup>th</sup> – 21 <sup>st</sup> March 2024
Location	Basel Switzerland
Venue	Bewegungstudio «janima»
Address	Birkenstrasse 43, Basel
Class Time	Tuesday and Wednesday 9:00 AM – 6 PM Thursday 8:30 AM – 3 PM
Tuition	CHF 1300.00
Registration	<a href="http://www.bodywork-academy.ch">www.bodywork-academy.ch</a>
Contact	Susanne Maibach, <a href="mailto:info@bodywork-academy.ch">info@bodywork-academy.ch</a>

### **Structural Integration Advanced Mentorship with Tom Myers**

Join Tom Myers, Anatomy Trains author and Structural Integration practitioner for 45+ years, with fellow structural integration colleagues.

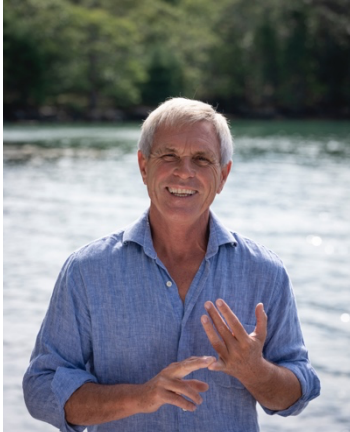
This is an in-person, hands-on mentoring for SI practitioners, ATSI Students, Osteopaths.

No matter your length or depth of experience, move to your next level with Tom's insightful guidance on all aspects of Structural Integration practice – and your own development.

Course is **limited to 12 students**.

- Developing high quality touch, intention, and engagement. See and feel your way into different tissue qualities, fascial properties, and the physiological 'ground of being' in each client. With Tom's hands-on help, feel into which body systems – fascial, fluid, muscular, skeletal, nervous, etc. – with which we are interacting from moment to moment.
- You can bring notes and pictures (if you have permission to share) from your most challenging clients, series or sessions. Dive deeper into specific strategies, approaches, and techniques for injuries, surgeries, neurodivergence, post-partum issues, age or other situations that can no longer change and have to be worked around.
- Coaching for BodyReading, postural awareness cues and 'homework'. Get easy with neutral language that usefully communicates what you are doing and why you are doing it. Build client trust, and learn tips to engage clients as a full participant in SI work.

- Build on your series work from differentiation to integration and beyond into advanced work.



Thomas Myers studied with Drs. Ida Rolf, Moshe Feldenkrais, and Buckminster Fuller, and with a variety of movement and manual therapy pioneers.

His work is influenced by cranial, visceral, and intrinsic movement studies he made with European schools of osteopathy.

An inveterate traveler, Tom has practiced integrative manual therapy for over 40 years in a variety of clinical and cultural settings.

Tom is the author of *Anatomy Trains* (2020, 4th ed), co-author of *Fascial Release for Structural Balance* (North Atlantic, 2010, 2017), co-author of *Anatomy Trains in Motion Study Guide* (2019), author of *Body3*, *The Anatomist's Corner*, *Structural Integration: Collected Articles*, and *BodyReading: Visual Assessment and The Anatomy Trains*, and has also written extensively for *Journal of Bodywork and Movement Therapies* (Elsevier).

He has also produced over 20 online learning courses with *Anatomy Trains*, and others in collaboration with various body-minded professional groups. Tom lives and sails on the coast of Maine in the USA. Tom and his team deliver professional development courses and certification in *Structural Integration* worldwide.