



**NEW course for Structural Integrators!**  
**Don't Miss Structurally Integrated Strategies with Tom Myers**

**Structurally Integrated Strategies with Tom Myers**  
**Burgdorf, Switzerland**  
**January 09th – 11th, 2026**



*"We are not stuff that abides, but patterns that perpetuate themselves." –*  
Ida Rolf, quoting Norbert Wiener

*"I particularly admire Tom's ability to listen and connect with tissues from all walks of life and age. His mindful touch and tactful mind are truly universal." - A student in Tom's recent Spinal Dynamics course*

This 3-day immersion in SI work is open to graduates of IASI-approved programs.

**Early bird price of Chf 850.— until November 15, 2025 / Chf 950.— thereafter**

**Adapting the recipe to specific patterns requires picking up the detail while keeping an eye to the whole. In this class, we will explore strategies for:**

- **a single 'fix-it' session**
- **a 3-series**
- **the integration sessions**
- **a 10- or 12-session recipe**

Practice 'launching' your session with Tom – what you see and how you might proceed. We are working with each other, so it's a great chance to get good work from colleagues, as well as learn new techniques and get new eyes. Primarily, it's a chance to talk and practice strategy. Patterns unfold in discernible ways, and not every strategy works.

Let Tom's experience help you to shortcuts and pathways, building an internal logic of how structure unfolds into space. Whether the blockage to movement is mechanical, or due to injury or surgery, or carries a deep emotional load, Ida Rolf's genius was to first build a better structure underneath the problem. Only then can you resolve their 'presenting issue' with depth and longevity. So many practitioners miss how much the lower legs, deep pelvis, spine, or neck affect other problem areas.

Structural Integration is a unique approach, not, like to many others, about what you do. Instead, SI is about where you are. Reaching into our clients' deep patterns is a privilege and a responsibility. Come live up to both, and have fun in the bargain.

Come prepared to work and be worked on. Bringing client photos to puzzle over is also welcome.